

Gateway Award Crossbow Club



About the Gateway Award

Wirral Mencap provides services and opportunities that improve the quality of life of people with a learning disability and their families and which create a more accessible, inclusive and supportive community.

What is the Gateway Award?

The Gateway Award is a multi-activity awards programme for people with a learning disability. It is a bit like the Duke of Edinburgh Award with Bronze, Silver and Gold levels.

The Gateway Award empowers people to experience new things, gain confidence, increase independence, meet new people, have fun and get fit.

How does it work?

In order to complete their Gateway Award, participants will meet with our dedicated Gateway Award coordinator, Julie every week or two. She will support participants to find activities, courses or other opportunities to do in their own time. They build evidence in the form of photos, paperwork and certificates. Bronze level takes a commitment of six months to complete and Silver and Gold take one year each.

When does it happen?

Julie will be available for 1:1 meetings at the Crossbow Club each week, it is a social club for adults with a learning disability. Crossbow Club runs 7.30-9.30pm on a Wednesday night. It will start in May 2017 but you can sign up from March.



Who can take part and how do they sign up?

The Gateway Award is open to adults of any age. You do not need to be a member of Crossbow Club. To sign up, call the office and ask for Julie! She will set up a 'get to know you' meeting.

Where?

Crossbow Club takes place at Charing Cross Methodist Church, near Asda Birkenhead.



Support

Participants who require support in the community should bring support with them. Support staff, parents and carers will also be expected to support the participants in achieving their Gateway Award in their own time. They will be invited to the sign up session.

What sort of activities do you do as part of the Gateway Award?

The Gateway Award has 5 modules that participants complete:

1. Fitness
2. Lifestyle
3. Hobbies
4. Volunteering
5. Challenge

Participants have a number of hours to complete for each module. Each person has a Gateway folder where they can record all of their achievements.



How much does it cost?

Thanks to funding from Royal Mencap Society, we are able to offer the Gateway Award for **FREE** for the bronze level.

Contact us

Telephone: 0151 666 1829

Email: info@mencapwirral.org.uk

**Office Address:
Wirral Mencap
42 - 44 Market Street
Birkenhead
Wirral
CH41 5BT**



**Crossbow Club Address:
Charing Cross Methodist Church
226 Claughton Road
Birkenhead
Wirral
CH414DX**



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